

PSHE and beyond – sessions overview – Part 3

Through a series of enrichment focused workshops, this course is designed to give an appreciation of how PSHE contributes to everyday applications and for pupils to gain an insight into a range of related careers.

Breakdown of sessions for the PSHE workshops:

Session 1: Improving Confidence and Listening

Learning opportunities include:

- People skills
- Decision
- Perception
- Lateral thinking

Session 2: Group based learning

Learning opportunities include:

- Wisdom and Knowledge
- Bilingualism
- Life Skills
- Self-Awareness
- Individuality

Session 3: Essential Adult Knowledge – Part 1

Learning opportunities include:

- How to purchase a house
- Life harmony

- How to reach out to a friend you're worried about
- How to read financial statements

Session 4: Essential Adult Knowledge – Part 2

Learning opportunities include:

- How to get a passport
- How to respectfully challenge authority
- How to present yourself in a job interview
- How to deal with grief

Session 5: Financial Management

Learning opportunities include:

- How taxes work
- How to budget
- How to take charge of your personal finance
- How to save

Session 6: Emotional Awareness

Learning opportunities include:

- Etiquette / Good Manners
- Self-Management
- Dressing appropriately for everyday situations
- Confidence
- Meditation