

21st Century Skills

Sessions Overview

Through a series of enrichment focused workshops, this course is designed to give an appreciation of how 21st Century skills contribute to everyday applications and for pupils to gain an insight into a range of related careers.

Breakdown of sessions for the 21st Century workshops:

Session 1: Learning styles

Learning opportunities include:

- Physical (Kinesthetic) based learning: using your body, hands
- Visual-based learning: using pictures, images and spatial understanding
- Aural-based learning: using sound and music
- Verbal (linguistic) learning: using words, both in speech and writing
- Logical (mathematical) learning: using logic, reasoning and systems
- Social (interpersonal) learning: in groups or with other people
- Solitary (intrapersonal) learning: working alone and use self-study

Session 2: Emotional learning

Learning opportunities include:

- Self-management
- Etiquette and good manners
- Confidence
- Negotiation
- Emotional awareness

Session 3: Improving confidence and listening

Learning opportunities include:

- Emotional Development
- Self-Love
- Critical thinking
- Compassion
- Interpersonal relationships

Session 4: Group based learning

Learning opportunities include:

- Essential adult knowledge
- Communication skills
- Collaborative skills
- Leadership skills

Session 5: Integrity

Learning opportunities include:

- Coping with stress
- Personal communication
- Emotional self-development
- Recognising other people's emotions

Session 6: Moral decision making

Learning opportunities include:

- Logic and reasoning
- Stress management
- Persistence

