

Lesson Plan

NEUROHEADWAY

Neuroscience Into Education

Trust

Objective: for a child to acquire or regain confidence in himself we must allow him to play and explore and express himself without fear or fear of being wrong.

Activity: The teacher will distribute a sheet of paper to each student, where the description of **TRUST** will appear.

The description is: **TRUST** is the belief that a person or group will be able to act appropriately.

The teacher must give the students a sheet with the description of what each game consists of:

1. **Symbolic game.** Any type of game that the child imagines to be and imitates real life situations. In this type of game, children put into practice their range of personal, emotional and social skills that in the future will be of great help (25 minutes in duration).
2. **The day of praise.** This type of game tries to foster the self-esteem and self-concept so necessary to develop the children's confidence in themselves.

We can choose a day of the week to turn it into the day of praise. That day we will look at something that we like about the other person and we will tell them, it is about the teachers highlighting the positive qualities of the student and vice versa, we can use phrases like: 'I really like the drawing you did', 'I find the way you organized the books in the room incredible ...'. Also, if we write them on paper and hang them in the fridge, they will have a much greater effect because each time the child feels dejected or lacking in confidence, he can turn to them and see everything he does well and we value him. For the game to have an effective value the phrases must be realistic, we should not exaggerate. It is a game to increase the self-esteem of children while promoting confidence and self-confidence. However we must use this game in a moderate way, without exceeding in praise and praise, remember that it is also good to flatter constantly. (20 minutes in duration).

Power point Example

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The Value of Trust

Without a doubt it is one of the most important values we have, that we can develop and above all that we can transmit to our educational and entrepreneurship community.



And we need to have confidence, to be able to grow, to be able to evolve, to be able to develop

HOW TO EXPLAIN TO A CHILD THE VALUE OF TRUST?



Trust is a very important value in the education of children that should be constantly fed with kindness and cordiality

With tolerance, the overcoming of difficulties in the search for trust is strengthened.

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TRUST IN CHILDREN

Confidence manifests itself in children when they feel respected, understood, encouraged and welcomed in a situation of dialogue and respect.



The reason for trust resides in the most intimate of each one of us and, therefore, each person lives that feeling of trust according to their personality.

With tolerance, the overcoming of difficulties in the search for trust is strengthened.

Trust is a very important value in the education of children that should be constantly fed with KINDNESS AND CORDIALITY.

Teachers Evaluation and Handouts

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The teacher will give the students a sheet of paper with the following questions:

1. How is trust defined?
2. What is the value of trust?
3. How to build trust in children?
4. What do you think encourages Trust in a relationship?
5. In what ways do you think Trust is built between one child and another?

The teacher will evaluate the answers and these will be discussed in a debate led by the teacher.

This activity aims to check if the students managed to understand the contents of the class.

It is suggested to carry out a methodological meeting before the realization of the class. In these meetings teachers can work with a teacher responsible for the quality control of the classes. In that meeting, it is reviewed if the class meets the objectives that have been described for its development. The objective of these meetings is to improve the quality of the classes.