

Affective Learning

I think I am usually a happy person.

- ☐ Strongly Disagree No that's not me. I AM NEVER LIKE THIS
- ☐ Disagree That's me, ONLY SOMETIMES
- ☐ Neutral I'm not sure, I JUST DON'T KNOW.
- ☐ Agree That is me, A LOT OF THE TIME.
- ☐ Strongly Agree Yes- That's me ALL THE TIME.

Before I started school, I remember I was really happy.

- ☐ Strongly Disagree
- ☐ Disagree
- ☐ Neutral
- ☐ Agree

- ☐ Strongly Agree

When I started school, I could make friends easily.

- ☐ Strongly Disagree
- ☐ Disagree
- ☐ Neutral
- ☐ Agree
- ☐ Strongly Agree

I always have a special friend.

- ☐ Strongly Disagree
- ☐ Disagree
- ☐ Neutral
- ☐ Agree
- ☐ Strongly Agree

I think I would be unhappy if I did not have friends.

- ☐ Strongly Disagree
- ☐ Disagree
- ☐ Neutral
- ☐ Agree
- ☐ Strongly Agree

Having friends makes me feel better.

- ☐ Strongly Disagree
- ☐ Disagree
- ☐ Neutral
- ☐ Agree
- ☐ Strongly Agree

Other possible questions which could provide a deeper insight into the child's understanding of self and their emotional wellbeing.

In school I am quite happy to work by myself.

I feel much better if I have someone to work with.

I like to use words to say how I feel.

If someone is upset, I think I know how they feel.

I want to help someone who is upset.

I try to think how I would feel if it happened to me.

When something is hard for me to do. I always think I can do it.

I can control myself if I begin to get upset.

I often get angry if I cannot do something.

If I have to do something new, I can just get on with it.

I can control my behaviour when I cannot do something or it is very hard to do.

If I make a mistake I try to do better next time.

When something goes wrong I get angry.

If I cannot solve a problem, I get annoyed with someone else.

I think I learn by my mistakes.

If I am in a new place I get frightened.

If I get angry or annoyed, I can usually stop myself.

If something goes wrong, I am good at controlling myself.

I find it easy to calm down when something is difficult.

I am very confident when I start something new.

I feel better when someone helps me or talks to me.

I can say how I feel to anybody.

When I am happy, people know that I am.

If I am sad, people can tell I am not happy.

I sometimes think getting angry will help me do better later.